

Required Student Items

The links provided below were selected not as an endorsement of a company or brand, rather because they provide clear visuals and estimated costs for required items.

Item	Description/Link	Qty.	Unit Price	Total
TOOLS				
Compass ∞	Compass http://www.mec.ca/AST/ShopMEC/HikingCamping/Navigation/PRD~5018-762/silva-guide-426-compass.jsp	1	18	18
Headlamp ∞	http://www.mec.ca/AST/ShopMEC/TopSellers/PRD~5022-134/black-diamond-wiz-headlamp.jsp	1	17	17
Fox40 Whistle ∞	http://www.mec.ca/AST/ShopMEC/MemberPicks/HikingCamping/PRD~0101-022/fox-40-classic-whistle.jsp	1	4	4
1L Bottle ∞	http://www.mec.ca/AST/ShopMEC/MemberPicks/HikingCamping/PRD~5017-275/nalgene-everyday-wide-mouth-loop-top-water-bottle.jsp	1	11	11
BAGS				
http://www.mec.ca/Main/content_text.jsp?CONTENT%3C%3Ecnt_id=10134198674170424&FOLDER%3C%3Efolder_id=2534374302887275				
Day Pack	Optional, can use Overnight pack			
Overnight Pack ∞	40-50L http://www.mec.ca/AST/ShopMEC/Packs/OvernightPacks.jsp	1	60-200	60-200 Est. 120

Dry Bag, 10L ∞	Keeps gear inside pack completely dry.			
Stuff Sack ∞	Keeps gear inside bag dry, compact, and organized. Consider OR as they are waterproof and roll top compresses gear.	2	9-13	25
CAMPING ≤SUPPLIES				
Spork ∞	http://www.mec.ca/AST/ShopMEC/HikingCamping/CookwareUtensils/UtensilsAccessories/PRD~5019-902/light-my-fire-spork.jsp	1	2.50	2.50
Bowl ∞	http://www.mec.ca/AST/ShopMEC/HikingCamping/CookwareUtensils/PlatesCupsBowls/PRD~5016-522/gsi-fair-share-mug.jsp	1	9.50	9.50
Mug ∞	http://www.mec.ca/AST/ShopMEC/HikingCamping/CookwareUtensils/PlatesCupsBowls/PRD~4006-940/gsi-cascadian-mug.jsp	1	2.40	2.40
Sleeping Bag	Must be a mummy bag, down or synthetic, not cotton. http://www.mec.ca/AST/ShopMEC/SleepingBags/SyntheticMummyBags/PRD~5025-638/mec-perseus-sleeping-bag-12c.jsp?rnav=last	1	155	155
Sleeping Mat	http://www.mec.ca/AST/ShopMEC/SleepingBags/SleepingPadsInflating/PRD~5025-650/mec-reactor-explorer-2.5-sleeping-pad-kids.jsp	1	55.00	55.00
CLOTHING - http://www.mec.ca/AST/ContentPrimary/Learn/Kids/ClothingAndGear/DressingYourKids.jsp				
Rain Jacket	Consider Gore-tex Pro-Shell or Entrant-EV™ ; A good rain jacket is the most important item on this list.	1	100-300	100-300 Est. 150
Rain Pants	http://www.mec.ca/AST/ShopMEC/Kids/YouthsClothing/Bottoms/PRD~5020-420/mec-watershed-pants-youths.jsp --	1	20-80	20-80

>Can get much cheaper than these.				
Fleece Jacket	http://www.mec.ca/Search/search.jsp?bmForm=mec_quick_search&bmFormID=jiH6iMZ&bmUID=jiH6iM &bmIsForm=true&bmPrevTemplate=%2FSearch%2Fsearch.jsp&bmText=quick_search&quick_search=fleece+jacket&bmImage=search.x&bmImage=search.y&bmImage=search&search.x=0&search.y=0	1	25-100	25-100 Est. 50
Warm Long sleeve	http://www.mec.ca/AST/ShopMEC/Kids/YouthsClothing/PRD~5016-179/mec-mistral-long-sleeved-zip-t-youths.jsp	1	25-50	50
Long sleeve base	http://www.mec.ca/AST/ShopMEC/Kids/YouthsClothing/PRD~5018-072/mec-midweight-underwear-turtleneck-youths.jsp	1	25	25
Long Johns	http://www.mec.ca/AST/ShopMEC/Kids/YouthsClothing/PRD~5018-075/mec-midweight-underwear-long-johns-youths.jsp	1	20-30	25
Fleece Pants	http://www.mec.ca/AST/ShopMEC/Kids/YouthsClothing/Bottoms/PRD~5018-058/mec-dynamic-3-pants-youths.jsp	1	35	35
Wool Socks	http://www.mec.ca/AST/ShopMEC/Footwear/Socks/PRD~4013-075/wigwam-merino-comfort-hiker-socks-kids.jsp	3	9	27
Rubber Boots	http://www.canadiantire.ca/AST/browse/Apparel/MensFootwear/MensWinterRubberFootwear/PRD~0899528P/Mens+and+Youths+Rubber+Boots.jsp?locale=en	1	20	20
Hiking Boots or shoe (if shoe, must have snow boots)	Try to get something waterproof.	1	80	80
Toque		1	10	10

Mittens (Winter)	http://www.mec.ca/AST/ShopMEC/Kids/GlovesMitts/PRD~5024-627/mec-essential-5-mitts-kids.jsp	1	10-25	25
Gloves (Fall)	http://www.mec.ca/Search/search.jsp?bmForm=mec_quick_search&bmFormID=jiH6pkG&bmUID=jiH6pkH&bmIsForm=true&bmPrevTemplate=%2FSearch%2Fsearch.jsp&bmText=quick_search&quick_search=fleece+gloves&bmImage=search.x&bmImage=search.y&bmImage=search&search.x=0&search.y=0	1	10	10
<p>∞ Denotes items students will not grow out of or use for a long period of time. All items in Canadian Dollars excluding tax.</p>				